

Ballard Pool

Drop-In Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5:45-7am Early Morning Lap Swim		5:45-7am Early Morning Lap Swim		5:45-7am Early Morning Lap Swim	
	8:45am-9:45am Lap Swim	8:45-9:45am Coached Swim	8:45am-9:45am Lap Swim	8:45-9:45am Coached Swim	8:45-9:45am Lap Swim	
10:10-10:55am Shallow Water Exercise	10-11am Swim Lessons*	10-11am Swim Lessons*	10-11am Swim Lessons*	10-11am Swim Lessons*	10-11am Adult Lessons*	
11:15-12:30pm Lap Swim	11:10-11:55am Shallow Water Exercise	11:10-11:55am Deep Water Exercise	11:10-11:55am Shallow Water Exercise	11:10-11:55am Deep Water Exercise	11:10-11:55am Shallow Water Exercise	
12:45-2pm Public Swim	12-1:15pm Adult/Senior Swim	12-1:15pm Adult/Senior Swim	12-1:15pm Adult/Senior Swim	12-1:15pm Adult/Senior Swim	12-1:15pm Adult/Senior Swim	
2:15-4pm Swim Lessons*	1:30-2:30pm Lap/Public Swim	1:30-2:30pm Lap/Public Swim	1:30-2:30pm Lap/Public Swim	1:30-2:30pm Lap/Public Swim	1:30-2:30pm Lap/Public Swim	
4:15-5:30pm Public Swim			2:30-3:30pm Swim Lessons*			
		5:30-7:30pm Swim Lessons*	5-6:30pm Swim Lessons*	5:30-7:30pm Swim Lessons*		
		7:40-8:25pm Deep Water Exercise	6:30-7:30pm Public Swim	7:40-8:25pm Deep Water Exercise		
			7:30-8:30pm Lap Swim			
*Lessons Begin November 4th						

Ballard Pool
1471 NW 67th St
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(206)-684-4094



Seattle
Parks & Recreation
 healthy people healthy environment strong communities